

**OVER THE LAST CENTURY** scientists have made tremendous strides in understanding the physical nature of the universe and the biochemical nature of life. Yet the most salient feature of individual lives—our day-to-day consciousness and experience of the world, or “sentience”—remains stubbornly immune to scientific explanation. This divide is called the “mind-body problem,” and it is centuries old. In this book, author Carey Carlson performs two valuable tasks. First, he lays out the mind-body problem in crystalline common-sense prose. Second, he proposes an intriguing solution based on the work of early-twentieth-century philosophers Bertrand Russell and Alfred North Whitehead. This book will be of interest both to general readers of science and philosophy and to those steeped in the literature.



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Carey R. Carlson *The Mind-Body Problem and Its Solution*

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## The Mind-Body Problem and Its Solution Carey R. Carlson

